

# **HUNTINGTON PLAZA PEDIATRIC GROUP**

## **WATER SAFETY**

Your child should never be left alone near water. An inflatable raft or floaties should never be a substitute for an adult's constant supervision. Swim classes that encourage your child to be comfortable in the water can be fun at any age.

However, children under the age of four do not understand the concept of holding their breath or swim safety and as a result, the American Academy of Pediatrics does not recommend formal swim lessons until age 4.